

SEXTING

'Sexting' is sending sexually explicit messages or photographs to somebody else using a mobile phone.

Some people see sexting as a means of showing affection, flirting or just having fun. BUT...

As soon as you send a picture you lose control of who else will see the picture, how it is shared and how it is used. Would you be happy with other people seeing the picture? You lose this control FOREVER - remember this before hitting send!



WHAT IS THE LAW?

Technically, having 'sexting' pictures of children under 18 on your phone or computer is illegal even if you are under 18 yourself. If you RECEIVE one you should tell an appropriate adult.

If you are under 18, SENDING or uploading sexting pictures of yourself is also technically illegal.



WHAT TO DO

Remember the 'Grandma Rule' - only share pictures you would be happy for your family to see. If you are feeling pressured to send pictures or have sent some and regret it - tell an appropriate adult (e.g. parent, carer or teacher) or visit the Click CEOP website.

